



11. Harzer MTB-Event  
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Köhler, Roland

Club: Rc Endspurt Herford  
Number: 337

Course: 77.80 km  
Marathon Mitteldistanz

Category:  
Senioren

Total time: 4:08:22

Speed: 18.60 km/h

Rank in course/Total: 76 (of 160)

Rank in course/Men: 74 (of 154)

Best time in course: 3:00:41

Rank in category: 27(of 69)

Best time in the category: 3:27:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.30	34:02	21.16	25	6:41	71	7:47	12.30	34:02	21.16	66	0:24	87		
Lap 2	13.40	33:33	23.25	3	1:55	24	4:31	25.70	1:07:35	22.19	11		88		
Lap 3	25.50	1:25:18	17.58	27	17:05	80	45:58	51.20	2:32:53	20.02	57		75	36:23	
Lap 4	13.40	44:35	17.50	37	11:14	100	14:26	64.60	3:17:28	19.45	57		74	50:49	
Last lap Finish	13.20	50:54	15.32	31	10:33	84	19:14	77.80	4:08:22	18.60	36	2:24:16	95	2:26:58	