



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Appel, Sven

Club: Ratzeburger Ruderclub
Number: 409

Course: 77.80 km
Marathon Mitteldistanz

Category:
Herren

Total time: 4:35:05

Speed: 16.97 km/h

Rank in course/Total: 104 (of 160)

Rank in course/Men: 102 (of 154)

Best time in course: 3:00:41

Rank in category: 64(of 85)

Best time in the category: 3:00:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	12.30	38:47	19.03	72	12:32	117	12:32	12.30	38:47	19.03	22	4:32	116	1:10
Lap 2	13.40	40:46	19.72	71	11:44	112	11:44	25.70	1:19:33	19.38	22	9:32	116	2:07
Lap 3	25.50	1:33:47	16.31	66	54:27	106	54:27	51.20	2:53:20	17.72	30	20:39	103	56:50
Lap 4	13.40	44:29	18.07	61	14:20	97	14:20	64.60	3:37:49	17.79	30	23:14	102	1:11:10
Last lap Finish	13.20	57:16	13.83	71	25:36	122	25:36	77.80	4:35:05	16.97	76	2:53:41	123	2:53:41