



11. Harzer MTB-Event
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Heß, Norbert

Club: Kassel
Number: 355

Course: 77.80 km
Marathon Mitteldistanz

Category:
Senioren

Total time: 4:35:09

Speed: 16.79 km/h

Rank in course/Total: 105 (of 160)

Rank in course/Men: 103 (of 154)

Best time in course: 3:00:41

Rank in category: 39(of 69)

Best time in the category: 3:27:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.30	38:11	18.86	42	10:50	112	11:56	12.30	38:11	18.86	7	4:33	117	0:34
Lap 2	13.40	41:14	18.92	43	9:36	117	12:12	25.70	1:19:25	18.89	7	6:44	117	1:59
Lap 3	25.50	1:34:00	15.96	41	25:47	107	54:40	51.20	2:53:25	17.65	9	2:12	104	56:55
Lap 4	13.40	48:30	16.08	44	15:09	115	18:21	64.60	3:41:55	17.30	9	1:10	103	1:15:16
Last lap Finish	13.20	53:14	14.65	42	12:53	102	21:34	77.80	4:35:09	16.79	48	2:51:03	124	2:53:45