



11. Harzer MTB-Event  
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Buddensiek, Jan

Club: Freie RADikale  
Number: 414

Course: 77.80 km  
Marathon Mitteldistanz

Category:  
Herren

Total time: 4:35:48

Speed: 16.75 km/h

Rank in course/Total: 109 (of 160)

Rank in course/Men: 107 (of 154)

Best time in course: 3:00:41

Rank in category: 67(of 85)

Best time in the category: 3:00:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	
Lap 1	12.30	39:16	18.34	73	119	13:01	119	12.30	39:16	18.34	29	121	5:01	1:39
Lap 2	13.40	40:01	19.49	67	107	10:59	107	25.70	1:19:17	18.92	29	121	9:16	1:51
Lap 3	25.50	1:34:10	15.93	67	110	54:50	110	51.20	2:53:27	17.64	27	108	20:46	56:57
Lap 4	13.40	44:27	17.55	60	96	14:18	96	64.60	3:37:54	17.62	27	107	23:19	1:11:15
Last lap Finish	13.20	57:54	13.47	73	126	26:14	126	77.80	4:35:48	16.75	79	128	2:54:24	2:54:24