



11. Harzer MTB-Event
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Schindwolf, Uwe

Club: team massageHamburg.net
Number: 468

Course: 77.80 km
Marathon Mitteldistanz

Category:
Senioren

Total time: 4:39:31

Speed: 16.70 km/h

Rank in course/Total: 116 (of 160)

Rank in course/Men: 113 (of 154)

Best time in course: 3:00:41

Rank in category: 45(of 69)

Best time in the category: 3:27:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.30	38:27	19.19	43	11:06	114	12:12	12.30	38:27	19.19	10	4:49	127	0:50
Lap 2	13.40	40:22	19.92	41	8:44	109	11:20	25.70	1:18:49	19.56	10	6:08	127	1:23
Lap 3	25.50	1:44:08	14.69	49	35:55	123	1:04:48	51.20	3:02:57	16.79	15	11:44	114	1:06:27
Lap 4	13.40	44:03	18.25	34	10:42	92	13:54	64.60	3:47:00	17.07	15	6:15	113	1:20:21
Last lap Finish	13.20	52:31	15.08	38	12:10	98	20:51	77.80	4:39:31	16.70	54	2:55:25	134	2:58:07