



11. Harzer MTB-Event  
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Heinatzky, Lutz

Club: Salzgitter  
Number: 320

Course: 77.80 km  
Marathon Mitteldistanz

Category:  
Senioren

Total time: 4:57:44

Speed: 15.68 km/h

Rank in course/Total: 124 (of 160)

Rank in course/Men: 120 (of 154)

Best time in course: 3:00:41

Rank in category: 50(of 69)

Best time in the category: 3:27:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	12.30	40:03	18.43	48	12:42	122	13:48	12.30	40:03	18.43	6	6:25	120	2:26
Lap 2	13.40	41:43	19.27	46	10:05	121	12:41	25.70	1:21:46	18.86	23	9:05	134	4:20
Lap 3	25.50	1:56:46	13.10	57	48:33	133	1:17:26	51.20	3:18:32	15.47	20	27:19	121	1:22:02
Lap 4	13.40	47:03	17.09	43	13:42	113	16:54	64.60	4:05:35	15.78	20	24:50	120	1:38:56
Last lap Finish	13.20	52:09	15.19	35	11:48	93	20:29	77.80	4:57:44	15.68	59	3:13:38	141	3:16:20