



11. Harzer MTB-Event
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Heinatzky, Lutz

Club: Salzgitter
Number: 320

Course: 77.80 km
Marathon Mitteldistanz

Category:
Senioren

Total time: 4:57:44

Speed: 15.52 km/h

Rank in course/Total: 124 (of 160)

Rank in course/Men: 120 (of 154)

Best time in course: 3:00:41

Rank in category: 50(of 69)

Best time in the category: 3:27:16

Intermediate times

Stage score

Total ranking

| Control | Split | | Split km/h | Pos Cat. | Behind Cat. | Pos | | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------|---------|---------------|-------------|----------------|-----|---------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| | km | Time | | | | Men | Men | | | | | | | | |
| Lap 1 | 12.30 | 40:03 | 17.98 | 48 | 12:42 | 122 | 13:48 | | 12.30 | 40:03 | 17.98 | 6 | 6:25 | 120 | 2:26 |
| Lap 2 | 13.40 | 41:43 | 18.70 | 46 | 10:05 | 121 | 12:41 | | 25.70 | 1:21:46 | 18.34 | 23 | 9:05 | 134 | 4:20 |
| Lap 3 | 25.50 | 1:56:46 | 12.85 | 57 | 48:33 | 133 | 1:17:26 | | 51.20 | 3:18:32 | 15.41 | 20 | 27:19 | 121 | 1:22:02 |
| Lap 4 | 13.40 | 47:03 | 16.58 | 43 | 13:42 | 113 | 16:54 | | 64.60 | 4:05:35 | 15.64 | 20 | 24:50 | 120 | 1:38:56 |
| Last lap Finish | 13.20 | 52:09 | 14.96 | 35 | 11:48 | 93 | 20:29 | | 77.80 | 4:57:44 | 15.52 | 59 | 3:13:38 | 141 | 3:16:20 |