



11. Harzer MTB-Event
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Simonis, Stephan

Club: Fietzenmanoever
Number: 341

Course: 77.80 km
Marathon Mitteldistanz

Category:
Herren

Total time: 4:58:32

Speed: 15.48 km/h

Rank in course/Total: 125 (of 160)

Rank in course/Men: 121 (of 154)

Best time in course: 3:00:41

Rank in category: 71(of 85)

Best time in the category: 3:00:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men			
Lap 1	12.30	44:00	16.36	80	17:45	139	17:45	12.30	44:00	16.36	25	9:45	135	6:23			
Lap 2	13.40	46:20	16.83	79	17:18	134	17:18	25.70	1:30:20	16.61	25	20:19	135	12:54			
Lap 3	25.50	1:42:46	14.60	74	1:03:26	122	1:03:26	51.20	3:13:06	15.85	23	40:25	122	1:16:36			
Lap 4	13.40	50:35	15.42	72	20:26	121	20:26	64.60	4:03:41	15.76	23	49:06	121	1:37:02			
Last lap Finish	13.20	54:51	14.22	67	23:11	112	23:11	77.80	4:58:32	15.48	83	3:17:08	142	3:17:08			