



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Dalbert, Frank

Club: Erfurt
Number: 514

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:10:46

Speed: 11.87 km/h
Running performance: 5:03 min/km

Rank in course/Total: 101 (of 196)

Rank in course/Men: 87 (of 150)

Best time in course: 49:33

Rank in category: 18(of 24)

Best time in the category: 52:51