



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

ten Doornkaat, Jan-U.

Club: FGB

Number: 730

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:12:36

Speed: 11.57 km/h

Running performance: 5:11 min/km

Rank in course/Total: 112 (of 196)

Rank in course/Men: 97 (of 150)

Best time in course: 49:33

Rank in category: 25(of 32)

Best time in the category: 55:51