



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Bielesch, Nikolaus

Club: 1. PMSC Erfurt e.V. i. ADAC

Number: 507

Course: 14.00 km

Hauptlauf

Category:

Männer M65

Total time: 1:14:10

Speed: 11.33 km/h

Running performance: 5:18 min/km

Rank in course/Total: 121 (of 196)

Rank in course/Men: 104 (of 150)

Best time in course: 49:33

Rank in category: 4(of 6)

Best time in the category: 1:06:20