



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee

Number: 554

Course: 14.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:16:56

Speed: 10.92 km/h

Running performance: 5:30 min/km

Rank in course/Total: 131 (of 196)

Rank in course/Men: 112 (of 150)

Best time in course: 49:33

Rank in category: 10(of 15)

Best time in the category: 1:01:38