



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Münch, Birgit

Club: sc impuls erfurt

Number: 607

Course: 14.00 km

Hauptlauf

Category:

Frauen W45

Total time: 1:17:09

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 133 (of 196)

Rank in course/Women: 20 (of 46)

Best time in course: 1:01:46

Rank in category: 6(of 11)

Best time in the category: 1:07:18