



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Biewendt, Frank

Club: Kranichfeld

Number: 747

Course: 14.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:18:11

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 140 (of 196)

Rank in course/Men: 118 (of 150)

Best time in course: 49:33

Rank in category: 12(of 15)

Best time in the category: 1:01:38