



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt
Number: 587

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:19:33

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 148 (of 196)

Rank in course/Men: 125 (of 150)

Best time in course: 49:33

Rank in category: 28(of 32)

Best time in the category: 55:51