



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen/Göllingen

Number: 708

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:22:06

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 159 (of 196)

Rank in course/Men: 130 (of 150)

Best time in course: 49:33

Rank in category: 29(of 32)

Best time in the category: 55:51