



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

**Helbig, Katrin**

Club: SV Thuringia Königsee

Number: 551

Course: 14.00 km

Hauptlauf

Category:

Frauen W40

Total time: 1:23:55

Speed: 10.01 km/h

Running performance: 5:59 min/km

Rank in course/Total: 162 (of 196)

Rank in course/Women: 32 (of 46)

Best time in course: 1:01:46

Rank in category: 8(of 11)

Best time in the category: 1:01:46