



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Völker, Ekkehard

Club: Arnstadt

Number: 644

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:23:55

Speed: 10.01 km/h

Running performance: 5:59 min/km

Rank in course/Total: 163 (of 196)

Rank in course/Men: 131 (of 150)

Best time in course: 49:33

Rank in category: 30(of 32)

Best time in the category: 55:51