



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

**Ziegler, Hans-Joachim**

Club: EFC 08 Ruhla

Number: 654

Course: 14.00 km

Hauptlauf

Category:

Männer M60

Total time: 1:25:46

Speed: 9.79 km/h

Running performance: 6:08 min/km

Rank in course/Total: 169 (of 196)

Rank in course/Men: 136 (of 150)

Best time in course: 49:33

Rank in category: 12(of 15)

Best time in the category: 59:00