



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

Rögner, Ilva

Club: Kloster

Number: 723

Course: 14.00 km

Hauptlauf

Category:

Frauen W45

Total time: 1:26:39

Speed: 9.69 km/h

Running performance: 6:11 min/km

Rank in course/Total: 177 (of 196)

Rank in course/Women: 37 (of 46)

Best time in course: 1:01:46

Rank in category: 9(of 11)

Best time in the category: 1:07:18