



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

**Lynas, Matthew**

Club: LTV Erfurt

Number: 688

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 52:51

Speed: 15.89 km/h

Running performance: 3:47 min/km

Rank in course/Total: 4 (of 196)

Rank in course/Men: 4 (of 150)

Best time in course: 49:33

Rank in category: 1(of 24)

Best time in the category: 52:51