



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

Ellenberg, Horst

Club: Ohra-Hörsel-Gas

Number: 659

Course: 14.00 km

Hauptlauf

Category:

Männer M75

Total time: 2:14:24

Speed: 6.25 km/h

Running performance: 9:36 min/km

Rank in course/Total: 196 (of 196)

Rank in course/Men: 150 (of 150)

Best time in course: 49:33

Rank in category: 5(of 5)

Best time in the category: 1:18:17