



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Lehmann, Christian

Club: Lauffreunde Gotha

Number: 589

Course: 14.00 km

Hauptlauf

Category:

Männer M30

Total time: 54:52

Speed: 15.31 km/h

Running performance: 3:55 min/km

Rank in course/Total: 8 (of 196)

Rank in course/Men: 8 (of 150)

Best time in course: 49:33

Rank in category: 3(of 11)

Best time in the category: 52:01