



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

**Thurm, Ingo**

Club: Niedernissa

Number: 641

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 56:18

Speed: 14.92 km/h

Running performance: 4:01 min/km

Rank in course/Total: 13 (of 196)

Rank in course/Men: 13 (of 150)

Best time in course: 49:33

Rank in category: 3(of 24)

Best time in the category: 52:51