



## 28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

### Detailed evaluation

**Beyer, Steffen**

Club: VfL 28 Ellrich

Number: 698

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:01:07

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 33 (of 196)

Rank in course/Men: 33 (of 150)

Best time in course: 49:33

Rank in category: 10(of 32)

Best time in the category: 55:51