



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Thomas, Frank

Club: SV Cursdorf

Number: 684

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:01:56

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 41 (of 196)

Rank in course/Men: 39 (of 150)

Best time in course: 49:33

Rank in category: 13(of 32)

Best time in the category: 55:51