



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Jakob, Thomas

Club: SG Lutter

Number: 706

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:02:29

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 43 (of 196)

Rank in course/Men: 41 (of 150)

Best time in course: 49:33

Rank in category: 8(of 24)

Best time in the category: 52:51