



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau

Number: 623

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:05:26

Speed: 12.84 km/h

Running performance: 4:40 min/km

Rank in course/Total: 62 (of 196)

Rank in course/Men: 58 (of 150)

Best time in course: 49:33

Rank in category: 19(of 32)

Best time in the category: 55:51