



28. AVENIDA-Stauseelauf Hohenfelden

Freizeitpark Hohenfelden / 30.05.2010

Detailed evaluation

Franke, Elke

Club: VfL 28 Ellrich

Number: 699

Course: 14.00 km

Hauptlauf

Category:

Frauen W45

Total time: 1:08:20

Speed: 12.29 km/h

Running performance: 4:53 min/km

Rank in course/Total: 83 (of 196)

Rank in course/Women: 11 (of 46)

Best time in course: 1:01:46

Rank in category: 2 (of 11)

Best time in the category: 1:07:18