



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Mutsch, Werner

Club: BSG Kreis Soest

Number: 5

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:36:45

Speed: 7.44 km/h

metres in height up: 218

Course score: 15.27

performance score: 114 Points