



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Selzer, Klaus

Club: Stadt Bochum Walking Team

Number: 29

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:36:53

Speed: 7.43 km/h

metres in height up: 218

Course score: 15.27

performance score: 113 Points