



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Espey, Elke

Club: Nordic Bears
Number: 675

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:36:57

Speed: 7.43 km/h

metres in height up: 218
Course score: 15.27

performance score: 113 Points