



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Loch, Manfred

Club: OSC 01 Hamm

Number: 159

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 1:50:03

Speed: 9.05 km/h

metres in height up: 262

Course score: 19.93

performance score: 186 Points