



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Luig, Renate

Club: TLV Rünthe  
Number: 54

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:39:05

Speed: 7.27 km/h

metres in height up: 218  
Course score: 15.27

performance score: 111 Points