



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Schmulbach, Ernst

Club: TG Holzwickede

Number: 679

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:39:21

Speed: 7.25 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points