



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Cottin, Udo

Club: TuS 1910 Nedereimer e.V.

Number: 48

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:39:23

Speed: 7.24 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points