



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Spangenberg-Mades, Dagmar

Club: Herne

Number: 90

Course: 12.00 km

Optik-Eckhoff-Lauf (Walking)

Total time: 1:43:43

Speed: 6.94 km/h

metres in height up: 218

Course score: 15.27

performance score: 106 Points