



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Seifert, Annett

Club: LTV Hirschberg
Number: 678

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:43:05

Speed: 6.98 km/h

metres in height up: 218
Course score: 15.27

performance score: 107 Points