



5. Walking-Day am Möhnensee  
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Groll, Frank

Club: WT-Soest

Number: 151

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 1:52:14

Speed: 8.87 km/h

metres in height up: 262

Course score: 19.93

performance score: 182 Points