



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Spendrin, Hans-Joachim

Club: Symrise Holzminden

Number: 1147

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 1:57:44

Speed: 8.46 km/h

metres in height up: 262

Course score: 19.93

performance score: 174 Points