



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Lander, Petra

Club: Jammern nützt nichts

Number: 42

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:46:56

Speed: 6.73 km/h

metres in height up: 218

Course score: 15.27

performance score: 103 Points