



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Schippling, Astrid

Club: VfK Iserlohn 1888

Number: 21

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:47:46

Speed: 6.68 km/h

metres in height up: 218

Course score: 15.27

performance score: 102 Points