



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Friedrich, Brigitte

Club: LG Halver-Schalksmühle  
Number: 167

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 1:58:18

Speed: 8.11 km/h

metres in height up: 262  
Course score: 19.93

performance score: 173 Points