



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Früh, Georg

Club: Laufteam Gescher

Number: 53

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:49:58

Speed: 6.55 km/h

metres in height up: 218

Course score: 15.27

performance score: 100 Points