



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Assmuth-Chilla, Helene

Club: Viermärker Waldlauf Gemeinschaft
Number: 1157

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:02:02

Speed: 7.87 km/h

metres in height up: 262

Course score: 19.93

performance score: 168 Points