



5. Walking-Day am Möhnensee  
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

**Beinborn, Stefan**

Club: LG Halver Schalksmühle  
Number: 1127

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:00:38

Speed: 7.96 km/h

metres in height up: 262  
Course score: 19.93

performance score: 170 Points