



## 5. Walking-Day am Möhnesee Möhnesee-Körbecke / 05.06.2010

### Detailed evaluation

Höft, Jürgen

Club: Tus Neuenrade

Number: 1150

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:00:43

Speed: 7.95 km/h

metres in height up: 262

Course score: 19.93

performance score: 169 Points