



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Wendholt, Gerold

Club: Body & Soul Billerbeck

Number: 144

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:01:44

Speed: 7.89 km/h

metres in height up: 262

Course score: 19.93

performance score: 168 Points