



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 1137

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:02:21

Speed: 7.85 km/h

metres in height up: 262

Course score: 19.93

performance score: 167 Points