



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Lotz, Stefan

Club: TG Holzwickede

Number: 162

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:03:59

Speed: 8.03 km/h

metres in height up: 262

Course score: 19.93

performance score: 165 Points