



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

**Sieger, Heike**

Club: Holzwickede  
Number: 695

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:55:22

Speed: 6.24 km/h

metres in height up: 218

Course score: 15.27

performance score: 95 Points